

Sports Therapy and Rehabilitation

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Welcome to Sports Therapy and Rehabilitation. Thank you for choosing us as your Physical Therapy provider. Our trained and qualified staff is committed to providing the most professional and effective Outpatient Health Care as possible. Below is some information that will assist you in receiving timely and efficient Physical Therapy. Please don't hesitate to ask if you have any questions or concerns. We are all here to help you get back on your feet.

INITIAL EVALUATION

When a physician has referred you to Sports Therapy and Rehabilitation for treatment, please complete the **Patient Information Sheet**, the **Health Questionnaire** and **Authorization of Benefits** sheet. If you are a minor it will be necessary to have a **Consent To Treatment of a Minor** form signed by a parent or guardian. If you are planning on using your private health insurance, you will need a prescription or referral from you attending physician for physical therapy and your private Health Insurance Card at the time of your visit.

INSURANCE INFORMATION

It is highly recommended that you call your insurance carrier to verify what your benefits for Physical Therapy in an **office setting** are.

REFERRALS

The patient is responsible for calling their Primary Care Physicians (**PCP**) to initiate the referral for Physical Therapy Treatment. Insurances that require referrals include, but are not limited to HMO Blue, Tufts, Harvard and occasionally Cigna and US Health. When you call your PCP referral department, tell them you will be receiving Physical Therapy at Sports Therapy and Rehabilitation, the date of your appointment, and the body part being treated.

If you have **HMO Blue** give your PCP our provider # 1134259252

If you have **Tufts** give your PCP our provider #1134259252

COPAYMENTS

HMO Blue, Tufts and Harvard have Co-Payments. The amounts are typically printed on the insurance card. Co-payments are determined by the Insurance Carrier and are payable to Sports Therapy and Rehabilitation at **each visit**.

CANCELLATIONS AND RESCHEDULING

If it becomes necessary to cancel or reschedule your appointment, it is required that you call our office at least 24 hours in advance. Patients who do not show, or cancel their appointments without 24 hour notice may be subject to a \$10 fee, which is payable at the next visit.

CLOTHING

If you are being seen for a hip or lower leg injury, you should wear shorts to your appointments. If you are being seen for a shoulder injury, a tank top or oversized t-shirt is appropriate. Otherwise, loose fitting clothing and sneakers are best.